

Profile - Katie Moore

Contributed by Nick Fiedler
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Profile - Katie Moore

Katie is one of the original team members. She joined the Ringwood Athletic Club in 1995 where her focus was sprints from 100m to 400m. She quickly joined "Team Fiedler" being introduced to Pro Running whilst still a teenager. Despite a few seasons interrupted with injury and illness, she still continues to be one of the most consistent performers on the amateur and pro track. She is one of the most determined and focussed members at training and is one of the leadership group, and now regarded as the Team Captain.

She made a flying start to Season 06/07 running close to PB over 100m at her first start and followed that up with making the Epping Open 200m Gift Final. Not long after that she then fell down a pot hole and cracked a bone in her ankle eliminating her from competing for the rest of that season.

She then had some reconstructive surgery on the ankle after it was found to be more problematic than first thought. She has now recovered after an extensive rehab program and the resumed racing at Sandringham in 2007/2008. Her results were mediocrity at best but she has now had more time to include more running in her training program and it was hoped that her performance will begin to reflect her performances from before she suffered this major injury.

That proved to be true in season 2009/2010 where she won numerous big races on the pro track and posted PB's in the 100m and 200m where she also won Victorian medals and made National finals.

She is a member of the Ringwood Athletic Club.

Pro Debut : 1/12/96 at Tullamarine in the 400m Womens.

Her achievements have included :

Season 97/98

1st Maribyrnong Womens 300m.

2nd Rye W/V/N 400m, 2nd Wangaratta Womens 400m, 2nd Prahran Womens 400m.

3rd Sunbury Womens 120m, 3rd Strath Creek Womens 300m.

Season 98/99

1st Castlemaine Womens 400m, 1st VRTA Womens 100m.

3rd VRTA Womens 300m, 3rd Maribyrnong Womens 300m, 3rd Castlemaine Womens 120m.

Season 99/00

3rd Wallan Open 100m Gift.

Season 00/01

3rd Maryborough Womens 120m, 3rd Geelong Womens 120m, 3rd Keilor Womens 120m, 3rd Maryborough W/V/N 200m, 3rd Bendigo Womens 400m.

Season 01/02

1st Burnie Womens 400m, 1st Rye Womens 120m, 1st Ballarat Womens 120m.

2nd Devonport Womens 200m.

3rd Bright Womens 120m.

Winner of VRTA "Female Athlete of Year".

Season 02/03

1st Moonee Valley Open 120m Round.
2nd Geelong Open 120m Gift.
3rd Noble Park Open 120m Gift, 3rd Mt.Gambier Womens 120m

Season 03/04

1st Tullamarine Frontmarkers 70m, 1st Bendigo Open 70m.

Season 04/05

2nd Camden Womens 400m, 2nd Stawell Womens 400m.
3rd VRТА Womens 400m.

Season 05/06

1st Devonport Womens 200m, 1st Burnie Womens 120m Gift
2nd Mt.Gambier Womens 120m, 2nd Bay Sheffield Womens 120m Gift.
3rd VRТА Open 70m, 3rd Rye Open 70m, 3rd Ringwood Open 70m.

Season 06/07

Did Not Compete. Season 07/08

Resumed competition after Sandringham. Season 08/09 :

2nd St.Albans 120m Womens, 2nd Lithgow Womens Backmarkers 100m

3rd Bay Sheffield 120m Backmarkers Invite, 3rd Rye Womens 120m, 3rd St.Albans 300m Womens, Season 09/10 :

1st Peninsula 120m Womens, 1st Rye 120m Womens Gift, 1st Keilor Open 70m, 1st Lithgow 100m Womens
Backmarkers Invite,

2nd Ringwood Open 70m, 2nd Burramine Womens/Vets 300m,

3rd Wangaratta Open 70m, 3rd Lithgow 120m Womens Gift, 3rd Stawell 400m Womens, 3rd Ararat Womens/Vets
300m, Season 10/11

2nd Bay Sheffield 120m Womens Backmarkers Invite, 2nd Euroa Open 120m Gift,

3rd Ringwood 100m Womens Season 11/12

1st Bay Sheffield Womens 120m Backmarkers, 1st Ringwood Open 70m, 1st Burramine 300m Wom/Vets

2nd Keilor 120m Women,

3rd VRТА Open 70m, 3rd Warragul 120m Open Gift, Season 12/13 3rd Ringwood 100m Women Season 14/15 2nd VRТА

200m Women's Season 19/20 2nd Frankston 70m Womens Gift 3rd St Albans 300m Women', 3rd Castlemaine 120m
Womens Gift

Season 20/21

3rd Docklands 300m Masters, 3rd Ringwood 100m Women's

Season 21/22

1st VRТА 300m Masters, 1st Stawell Legends 300m Masters.

Season 2022/2023

2nd Castlemaine 300m Masters, 2nd Stawell 300m Masters,

Season 2023/2024

3rd Ballarat 4x200m Womens (I.Antonino, S.Stokes R.Crisp, K.Moore).

Season 2024/2025

2nd Ringwood 70m Women

3rd Ballarat 4x200m Womens (K.Moore, E.Fiedler, S.Stokes, R.Crisp), 3rd Bendigo 70m Women,

Season 2025/2026

1st Bendigo 120m Women's Gift, 1st Ringwood 70m Women's

2nd Ballarat 120m Women's Gift, 2nd Castlemaine 120m Women's Gift, 2nd Ringwood 100m Masters