

Profile - Jack Lacey

Contributed by Nick Fiedler
Saturday, 21 December 2013
Last Updated Sunday, 22 February 2026

Jack has resumed running after stopping for few years to just play cricket and football. He has made significant improvement since returning to running, however he became very sick late in 2014. he slowly recovered and has returned to the running track. He is a member of Ringwood Athletic Club.

Pro Debut - 2013 VRTA 70m u/20

2025/2026

1st Ballarat 4x200m Relay (A.De Coatgourden, J.Lacey, H.Kerr, N.Antonino),

2nd Castlemaine 120m Invitation,

2024/2025

1st Bendigo 400m Gold Nugget

2023/2024

1st Frankston 70m Gift, 1st Wangaratta 120m Gift, 1st Stawell 120m Gift

3rd Terang 70m, 3rd Beachside 70m Men's, 3rd Bendigo 70m

Sprinter of the Year

2022/2023

1st Shepparton 120m Gift, 1st Ballarat 4x200m Relay (N.Antonino, J.Lacey, H.Kerr, L.Mitchell),

2nd Geelong 70m, 2nd Stawell 70m,

3rd Bay Sheffield 70m, 3rd Wangaratta 120m Gift

Winner of Eric Cumming Trophy at Stawell for best performing sprinter.

2020/2021

1st Ballarat 4x200m Relay (J.Lacey, E.Ware, N.Antonino, D.Paull),

2015/2016

1st Bay Sheffield U/18 Boys 120m, 1st Yarra Ranges 70m, 1st Bendigo 400m Black Opal,

2014/2015

1st Albury 120m U/20, 1st Albury 120m Restricted,

3rd Ringwood 100m u/20.

<https://teamfiedler.org/images/image.jpg>