

Former Athlete Profile - (Retired) Rupert Lugo

Contributed by Nick Fiedler
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Rupert joined the team in 2014/2015 after being a handy point guard in basketball. He is more suited to shorter events and is not comfortable in events with bends. He has improved dramatically after joining the squad in June 2014 and his development increased even more after February 2015.

At the completion of 2018/2019 Rupert changed to another trainer. He remains good friends with Nick and the team.

Debut - 2014 Sandringham 70m

Season 2014/2015

1st Stawell 100m Restricted,

Season 2015/2016

2nd Geelong 70m,

2016/2017

2nd Wangaratta 70m,

3rd Yarra Ranges 70m, 3rd Yarra Ranges 100m,

2017/2018

1st Devonport 60m Skins, 1st Ballarat 4x200m Relay (Lugo, Punchihewa, Ware, Mitchell), 1st Bendigo 120m Gift,

2nd Ballarat 120m Gift, 2nd Keilor 120m Gift, 2nd Geelong 100m Gift, 2nd Bendigo 70m, 2nd Bunbury 120m Gift

3rd Sandringham 100m, 3rd Keilor 70m, 3rd Geelong 70m, 3rd Stawell 70m

2018/2019

1st Maryborough 120m Gift

2nd Warrnambool 120m Gift, 2nd Waverley 100m Gift, 2nd Bay Sheffield 120m Gift, 2nd Berwick 70m, 2nd Ringwood 70m