

Former Athlete Profile - (Retired) Cassie Ware (Anderson)

Contributed by Nick Fiedler
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Last Updated Wednesday, 12 April 2023

Cassie has started running to get fit and get in condition again. She has made big improvements with her fitness and technique since starting.

Pro Debut - 2013 VRTA 400m Novice.

2013/2014

1st Burramine 100m Women's

3rd Ringwood 100m Womens

2014/2015

1st Albury 120m Women's Gift, 1st Avondale Heights 300m Women's/Vets, 1st Ringwood 300m Women's.

2nd Northcote 300m Women's, 2nd Maribyrnong 300m Women's/Veterans

3rd VRTA 200m Women's

2020/2021

1st Wangaratta 120m Womens, 1st Waverley 400m Womens, 1st Ballarat 300m Womens,

2nd Geelong 100m Women's Gift, 2nd Maribyrnong 300m Women's

3rd Frankston 70m Womens Gift,