

Profile - Elena Harris

Contributed by Nick Fiedler
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Elena is a young athlete (11 yrs) that is very versatile. She enjoys the shorter sprints and the focus for her when she is so young is to concentrate on speed technique until she develops

She joined the squad at the beginning of season 16/17 to improve her running. Her mother Trish also joins in to train with the squad.

She is eligible for Novice events.

Pro Debut - 2017 Sandringham U/14 100m.

Season 17/18

1st Rye 120m U/14,

Season 18/19

2nd Rye 120m U/14

3rd St Albans 120m U/14