

Profile - Sophie Stokes

Contributed by Nick Fiedler
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Sophie is a young athlete that is more middle distance focussed. She joined the team in late 2018 with pare existing stress fracture. After a lengthy time off she has now returned to running.

Debut - VRTA 400m Restricted

She is a member of Ringwood athletic club.

Season 18/19

2nd 300m U/18 Girls

Season 19/20

1st Hastings 120m U/18 girls, 1st Keilor 400m Restricted

2nd Castlemaine 120m U/18 girls

3rd Parkdale 120m U/18 girls